



The Power of
Silent Wisdom
News From The World Of Animal Communication

English Edition 2/2009 (2)

We started this journey in the first issue of PSW with Leyla, a horse in spirit and two cats, Taapi & Irma. Their big words made us wonder what's going to happen next.

Here's what happened.

In this issue

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6. Leyla's Book
7. ...and we thank you.

Contributors

- ✓ Maiccu Kostiainen, *animal communicator*
- ✓ Janet Roper, *animal communicator*
- ✓ Leyla, *a horse in spirit*
- ✓ Wild eagle owl, *words from the wild*
- ✓ Lea Pihlman, *editor*

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I think we had to make the 2nd issue fast, because we just could not wait anymore. Also Leyla seemed anxious to move forward on this journey. It has been exactly 1 year since she made her transition. Now she is our guiding star, a horse with a big heart.

We thought that we could speak with a snake in this issue, but that was not meant to be. Leyla mentioned that she will be talking about *change* in the next issue, and in the near future there will be themes like *fear* and

imagination. The snake interview can wait till the "fear factor" issue.

The wisdom of the eagle owl was so close, that we almost missed it. The picture was in my own archives. He was sitting near our house, for almost 40 minutes, in the bright daylight. It seemed like he was begging to be noticed and photographed. This happened a year – or two – ago. I suddenly realized that I had this picture somewhere. It was amazing gesture from him, to leave his comfort zone and let me take a picture of him. The reason why he did it is seen in this issue. He is very wise indeed and he is so very patient!

Our guest is animal communicator Janet Roper from St. Paul, Minnesota. Because we believe in Angel Horses with Maiccu, I also have to mention, that Janet and her Shiloh-horse share their story in a book called *Angel Horses: Divine Messengers of Hope* by Allen & Linda Anderson. Janet is also a talented violinist; she gives violin and piano lessons. Believe it or not, I have at least once caught her on Twitter listening to M.A. Numminen, a Finnish musician, who has a very peculiar voice!

I love Reiki Talk project, which Janet has started in co-operation with Reiki Fur Babies and I asked her to share few words about it with us. It is widely known among reiki healers, that animals and plants accept reiki energy with ease and joy, whereas humans can sometimes be totally unable to accept this kind of healing, out of fear, or out of

preconceptions or whatever twisted emotional blocks we humans might have in our hearts and minds. Since I do reiki healing myself, it has been a pleasure to read what animals think about this healing energy and what it looks like and feels like to them.

The eagle owl showed us, that owls have a lot of wisdom, and that it is no coincidence that they often are the archetypes of wisdom. He showed us his knowledge about The Law of Attraction: he mentioned, that if you change your feelings, your reality changes fast, too.

Love is the greatest tool. The more you choose love, the more love there will be around you, and eventually, in the whole

world. Simple as that. There is a freedom of choice on Earth – the choice between love and fear – that is the ultimate test for us human beings. Judgement also often rises from fear; the fear of the unfamiliar. I hope we are stronger in our own choices, after we have pondered the wisdom of the eagle owl in this issue. You take into your heart what you need, in this very moment, from this issue of PSW. That is more than enough.

Lea Pihlman 7.10.2009

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Words from Maiccu

Dear readers, the feedback after the previous issue has been overwhelming and absolutely wonderful. So many people got excited, and felt that their whole relationship with their animal friends was inspired. Some even started to communicate with animals or at least practice it. When as many people as possible take this deep dive into the world of animals, the better and more beautiful world we have to live in.

Horse lovers wrote feedback after Leyla's words and felt touched by them. Many people who had faced such a big loss and sorrow got consolation from Leyla's words. I have been more than happy about all the new things that The Power of Silent Wisdom has brought to my life. I got

A new leaf
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many new friends from all over the world, some of them as far as from Japan.

A new leaf has obviously been turned in life. To my greatest joy I have found Lea, who does big part of the work with this newsletter, puts it together, translates it and makes it visible to everyone of you. Without her I would have not been able to do it. Now I am fully able to concentrate on what I really am, what I love to do: to give voice to those who do not share the language of humans - to our dear animal friends.

Leyla will play a big part in all the issues to come, just like in this one. She has been breathing at my neck, and I heard from her, that her message is ready, as soon as I have time to relax and calm myself and to write it down. Today has been quite exhausting day, the house has been full of people all day and I haven't had a chance to be by myself, in silence.

Leyla's presence is stronger than ever before.

Now it is finally silent, there is a candle burning on the table and I have a chance to give my whole attention to Leyla. Today, as I am writing this, it has been exactly one year, when she left us and moved on to the other side. I haven't thought about that day too much, I have concentrated on the beautiful and wonderful memories of her.

But today it feels, like it happened only a few days ago and I miss her more than any other moment during the last year. Writing gives me strength and consolation, as well as the thought, that hundreds, maybe even thousands of eyes read these words and share this emotion with me. I'm sure it is not a surprise, but I have a lot of hankies here as well.

I will write down the message from Leyla, this is from her to you; I am a mere translator here. She gave me the subject few days ago and some of you may have already heard it, it is "letting go". I am sure Leyla knows best how she is going to deliver this message.

Maiccu Kostainen 3.10.2009

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Leyla's Legacy *Letting go*

Leyla speaks:

"My Dear, I give you a lot of information and you write it down as best as you can. I believe that everything will be exactly as it should be. These conversations between us two will be published as a book, as I earlier mentioned. We are together on this journey; you write and I talk. I will give you all the information you need and also so many people need in this time.

It's no coincidence, that your phone has been ringing, and you have gotten a lot of mail from people who are coping with a loss of a pet or are just about to do so. You console others and I console

What
about
when
animal
loses his
animal
friend?

you. You get to console, and it is also part of your job, but from now on, you can also give this text we put together to those people to read.

This message is about letting go. First of all, I tell you, that letting go does not always mean death, we are not only dealing the process when somebody is going to the other side of the veil - as many of you describe this process. We return to this later. We handle different kinds of letting go and we combine them all together in the end, this is very simple, and you will be surprised.

Before we do that, I want to talk about this book. You people read books a lot, and many of you also write them. This book, which we are writing right here, is a bit different. We are proceeding in an unusual order, unusual for you humans. We deal with the most difficult things first and we move towards more joyful and easier subjects to handle. Why your stories always begin with a lot of joy and then they turn into sorrowful stories towards the end. The reader is left with a sorrow or with a lot of questions in his mind; because there are so many dramatic turns right in the end. This is the reason why I have chosen this kind of order.

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those of you who
have chosen it.

I haven't decided yet what our next subject will be; it doesn't matter, because we have all the time we ever need. I do know what the last subject is - it will be *humor*. We end our mutual messages in a way that leaves you all with a smile, maybe even laughter, so that you feel good and you are not left in tears.

It is so typical and familiar to you humans, that you dwell in

your feelings, and they take a lot of your energy, instead of strengthening you.

The fact, that we have handled these entire subjects some day, does not mean that I go away and leave you behind. I will be here also after this, and whatever our next mission together is, we will find that out later. I know something about it, but I do not want to confuse your thoughts with that right now.”

And then we are going to talk about letting go.

“What does it mean to let go? Why do we have to let go, both humans and animals? There are many kinds of letting go, on many different levels. We let go of each other when one of us dies. We can be faced with letting go of our friends, humans and animals. You are sometimes so concentrated on your own sorrow that you do not even realize, that when animal dies, he lets go of his human, just like humans let go of their animals.

There is no good or bad, one thing is just another thing among other things.

Separation is not easier to her who goes to the other side. There are feelings over here just as well. They are easier to go through, though, because over here we understand them and we see nothing but beauty and good in them. Have you ever thought what happens, when your animal loses his human friend? Human makes his transition to the other side and then the animal is left on Earth with a sorrow. This is something many of you do not even think.

Are you able to comfort an animal, who has lost his friend and can you ask what he wants to do with his life from now on? What about when animal loses his animal friend? I know that many of you can understand the sorrow of animals, but this is something you should take into consideration. Animal or human can lose her child, and this kind of sorrow will

never really go away. This is just one of the forms of sorrow and some of you will have to go through with it, those of you who have chosen it. Give this feeling a credit, it is a wonderful experience and you can become stronger and even more empathic because of it. We animals and you humans wanted to come to Earth partially just to learn these feelings.

There are so many different kinds of letting go and the important thing here is to understand that none of them is inferior or superior in relation to another. In front of letting go it is good to remember, that it just is, like everything is in this world. Everything just is, here and now. There is no good or bad, one thing is just another thing among other things. In the middle of the process of letting go and all the emotions involved with it, you can remember how important it is to trust that all is well. Everything has a meaning to it, everything happens exactly as it is supposed to!

There are many kinds of letting go, and there is not enough time to go through them all, but let us talk about death and what kind of feelings it provokes in humans. You are already pretty good at letting go of all the material things in your lives, so we are not going to talk about that.

We can talk about how humans experience letting go of his or her dear pet, this might be a good consolation to many of you; exactly what you need in this moment. I wanted to give you some other scenarios earlier just to remind you, that you are not alone and not all of the things happen only to humans, also animals, even the smallest of them have feelings. They can feel longing and sorrow and all the pain they involve, you humans do not have the only right to experience these feelings, even though you sometimes seem to think so. I am not blaming you, this is just one observation among others, and I love all of you who read this message. I am not authoritarian or blaming humans; I only want to open your eyes wider, so that you could

better understand all the things that happen around you.

When a beloved animal companion leaves you, the feeling of sorrow can sometimes crush you. You feel like it is the end of life, like there is no meaning in life anymore. Everything stops and you can't see ahead of you because of the tears. Do you know this is one of the most beautiful feelings, the only feeling that is even better than this, is love. In effect, all this is love in its purest form. Do you know what you actually feel, in the middle of all those tears of yours? It is exactly that: *love*. Your heart is bursting out of its seams with this emotion. Everyone who experiences this knows it. All these feelings should tell you something, do they? What does it tell you, what should you think of it?

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enough.

First of all, congratulations, you are able to love. You, who said that you are difficult to approach and that you are a cold human being. You, who cried at the moment of your cat's death. Yes, you there, who guided your dog to her last journey or you, who blessed your turtle to be an angel among angels. You can love and you know what? That is enough. This dear friend of yours, who left you behind on Earth, has shown you, that love exists after all.

There is no greater love than this kind of love. This is your right, and it is also my right, no one can take that away from you. You have the right to grieve and be sorrowful, but I hope, that now that you know better, you will not let it stop your life altogether. Many of you say in the middle of your sorrows, that you are never going to be able to have another pet in your life, or that you are not able to love again. That is your truth, and you are entitled to it, but you know what... Love is endless, it is eternal as the utmost galaxy and as true is the deepest truth, and your love has

no limits. I promise and I swear that if you are brave enough to love again, another living being, big or small, this one who just left you will not be bitter because of your love for someone else.

I want you to believe me, your love is immeasurable and there is plenty of it to share, no matter how huge the crowd. I hope you understand what I mean. There are so many in the world who long for your love, and you can't get them all to you, no matter how much you wanted to. You do not need to feel guilty about it, if you want to give your love to somebody else, too. I tell you this that you could understand this subject better and see the wider aspect of it. I always talk for myself, but I am not alone here, on the other side. This is why I can say to you, that there are many here who love you, and the love we send to you from this side is never going to end. We miss you, dear people on Earth, and we will miss you until we meet again, some

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day, in the form we initially got to know each other. We will meet again and it will be a joyous day and you will be amazed and amazed about how all things are happening at that moment.

You have been given imagination, you can imagine that we are there, beside you, and then we are there, beside you. We are also in your dreams, we come to you and we are very real; those are our messages and love to you. Take our messages as gifts, we tell you in many ways, that we are still there, with you, and we never really left. You can see us in the sun and in the rain, in the clouds and the water, in the nature and in the music. Do not think that you are a fool, when you feel like something is a personal message to you. Just accept it all with love; it is our gift to you.

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Interview with Janet Roper



At least some of you have been able to understand what this is all about. In other words, there is no such a thing than letting go, it is all an illusion, just because you would understand and learn more about love, its core essence. We meet and we apart, so that you could learn to love and to understand that you are loved. Those brief moments are gone now, there is nothing else than this moment, here and now. So, love now, when we are here, tomorrow we may be gone to another place.

It is easier to learn to love when it is still possible to touch, but it is not too late afterwards either. Everything is eternal, even though in your concrete world it may not seem to be so. We are all eternal beings, and we are all alike precious.

I hope I have been able to give you consolation and a new way to think about death and letting go. I hope you understand that these two things do not exist. We just move to another dimension, and that dimension is also here and now, you are just not able to see it. If you are not able to connect with the other side in this moment, do believe that you are endlessly loved.

Our journey together will never end, it is just about to begin: for all of us.”

Leyla

Just as we can be on the same frequency with our thoughts, we can also connect from one level to another. It is easy and effortless and every one of you can do it.

How do you think the animal communication can change the world?

We all do better when *all* creatures do better. In my opinion, animal communication changes the world by bringing us all closer together and getting to know each other in a relationship of power *with*, instead of power *over*. I see this happening in three areas: 1) we learn more about our animal companions as we learn to connect with them in a new way; 2) we learn more about our human companions as we connect with them in order to help the animals, and 3) we learn more about ourselves and what conscious or unconscious thoughts and ideas we may carry that create a block in connecting with animals and people on a deeper level.

What would you say to people who are afraid of animal communication as a concept? Why do you think it is sometimes so?

That's OK. Everyone is where they need to be on their own path. This means that there are people who are afraid of animal communication, there are people who think animal communication is impossible and there are people who think animal communication is the best invention since sliced cheese. And I'm OK with that because the people are *exactly* in the right place at the right time for themselves. I am already seeing more and more people accept animal communication as an effective tool. I haven't

seen anything that tells me this trend will stop.

What's your favourite smell? Tea or Mac?

You're right; I love my tea and my Mac. But my favorite smell is horse smell! I particularly like it when I smell it 'the second time around' as I'm washing my hands.

Were you ever afraid, that people would think that you are "crazy" when you came out of the closet and told everybody, that you can actually communicate with animals? After all those years, you forced yourself to forget this ability you had as a child

I wouldn't use the word 'afraid' but at first I was cautious and vigilant with whom I shared the information. My conscious awareness of my ability to communicate with animals was new and fragile then, and I needed the support and encouragement of understanding people at the time. Now I recognize and value the fact that we live in a time where it's OK to use our intuition in the everyday of our lives, and it's OK to connect with others in a deeper, more foundational way.

Obviously, you love your job, and you love animals. Have you learned to see love in all the things in life? Is that... possible?

I am learning to see love in all things in life. Part of the lesson for me (at least for now) is to *release* my expectation of what should be, or how things should be. Is this possible? I believe it is. Is it possible in one lifetime? Well, let's just say I've got a lot more to learn and I need to sleep sometimes!

What did you feel/think, when you first communicated with an animal and knew that it was the real thing and not just a result of your imagination?

For me it was a deep 'knowing' that started in my solar plexus and radiated throughout my body. That was quickly followed by joy and a 'happy dance'!

Do you see animals in your dreams often?

Animals usually don't come to me in dreams. However, I recently unexpectedly put down my almost 17 year old perpetual puppy Teddy. The night before this occurred, I did dream that his body would give out and how that would happen. The next morning when his body did give out, there was a *deja vu* feeling mixed with the shock and overwhelm. I believe I was gifted the knowledge of his passing through the dream. However, I am still too close to the actual physical event to be able to reflect on this in an open, unattached way.

Reiki Talk project with Reiki Fur Babies has shown us, what animals think and feel about reiki healing. Can you tell us something about this wonderful project? Did you learn something new as an animal communicator?

Reiki Fur Babies are two magnificently talented and gifted reiki practitioners. Reiki Talk started because my horse Shiloh needed reiki. After the appointment, Ming made the comment it would be nice to know what Shiloh had to say about his session. I responded with 'let's ask him' and Reiki Talk has been going strong ever since.

Reiki Talk is a reiki session followed up with an animal communication session. In the 'talk' part of Reiki Talk, we find out directly from the animal how s/he experienced the reiki, how it worked upon their body/mind/spirit and their perspective on how reiki benefits them. The combination of these two energetic modalities gives the animal a profound sense of well being and ease, which harmonizes the mind, body and spirit of the animal. The talk part also brings the human knowledge and relief to hear what they are doing to assist their beloved pet is actually helping.

Interestingly enough, we humans at Reiki Talk have learned the Reiki Talk energies not only have an effect on that particular animal,

but can and do disperse out to others who want to feel and receive the energy. Personally, I've been astonished at the number of times the animals haven't given me the time to introduce myself and tell them what to expect. Many times I'm greeted with 'Yes, I know why you are here, I'm eager to talk with you!'

We let you read Leyla's message about letting go beforehand. Did it give you any consolation, in your own sorrow, because you have recently lost a wonderful dog called Teddy?

What struck a chord with me is how Leyla talked about other animals needing to let go. I certainly experienced that with my dog Emmie. She was inconsolable at the loss of her dog pal Teddy. Helping Emmie integrate Teddy's passing into her life helped me integrate it into mine. Reiki Fur Babies and Bridget's* at *Pets Are Talking* were instrumental in helping me and Emmie begin to come to terms with Teddy's passing.

I was also personally touched when Leyla talked about the grief being second only to love. It comforts me to realize that my tears and sorrow are a tribute to Teddy and the life we had together.

*Bridget Pilloud is our guest in the next issue, PSW 3/2009.

How many animal teachers you have at home and what have they taught to you?

Shiloh is my 17 year old horse, my guide and teacher. He is my mentor in animal communication and loves me enough to make sure I learn whatever it is he deems I need to learn, no matter what! He is willing to be the trickster, the fool, the wise one when he is teaching me.

Emmie is my 12 year old german shepherd/greyhound mix. She teaches me

loyalty, gentleness, kindness and patience.

Mitize is my 17 year old tabby cat. She teaches me that sometimes you just have to grumble about life and that's OK!

Billy is my 9 year old tabby cat. He reminds me we are all safe and loved.

Raven, is the youngest in the household. He's a black cat, and he reminds me to kick up my heels, jump through the air and dance.

Teddy, though he has passed, is still with us at times. His lesson to all he meets is one of hospitality: always be kind and offer a smile.

Janet Roper

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Interview with an eagle owl



This eagle owl was sitting in the bright day light for a very long time, until the sleepy human finally understood to take a picture of him...

What does the human race look like through the eyes of an eagle owl?

First of all, thank you for letting me be your guest in this important work you do. I have been watching very keenly where all this work is leading. It looks really good, all that

you do. This will have a strong effect on human consciousness.

I look at you humans, and I must say, that you all have so much more to give than you can even imagine. You have forgotten how high the level of your understanding once used to be. There are many creatures, who have been hiding, because they are afraid, that people will do harm to them. I am worried, because the living space of animals is getting smaller all the time. On the other hand, I know that it will change. The difficult part is that this change will mostly be in the hands of human beings. If humans do not change the direction where they are heading right now, we animals will have very much space for ourselves indeed. We never destroy our surroundings at the speed which humans do. I would say that you humans always take one step too many: nothing is enough for you. You try to change ecology and ecosystem in such a force, that not a one system is able to follow. I hope you will ponder about this, until it is all too late. Even if it was too late, everything that ever happens has a meaning.

I am not going to mourn for these things, but I am very sad for those who have chosen to be part of this. The change is not easy, but there is still a chance to change the direction. You people have a lot of work ahead of you.

All those of you, who already work for the sake of nature and animals, stop the never-ending hate and evil talk in the name of a good cause. It is all heading to a wrong direction.

By trying to force things you only make those things stronger. Consciousness is growing every moment, there is the seed of good in every heart. You just have to nurture it by giving it more food and water to

By fighting evil with evil you are never going to win.

make it grow bigger. By fighting evil with evil you are never going to win. There will only be more tears, sorrow, pain and loss. Shine your light - if that is what you want to do - and go to the darkest places, where you are needed.

People, you need more compassion in your lives. Sometimes I look at you, and I wonder where all this, almost sadistic, behavior comes from in you people. But I do understand you; there is a lot of suppressed feelings of pain inside you. There is no pill, in the pharmacies of humans, which can make that pain go away.

When you sometimes make your transition to the other side and you see all the things you have done in your life, you want to be born again and come back to correct things. You mourn for all the things you did in this life, and you wish to make things better in the next. It helps, but it is not the whole story.

(Here Maiccu asks, what we could do, to make the change happen in the minds of these people in this life?!)

You have all the answers in your own hearts. All you can do is to talk about things as truthfully as possible. You cannot push your head into bush and act helpless. All of you, who wish to make a difference; it is an important role and you have more resources to make it, than you can ever imagine. I am not a politician, and that thing is not for animals, I mean politics. Think about it, maybe you can find solutions from there. You have to use your own power to make the change - you cannot wait anymore that somebody else does everything in life for you!

By trying to force things, you only make those things stronger.

Love is the best tool. Every thought, positive or negative, will radiate from you like a laser beam and it spreads around you, to such a length, that you are not even able to understand it. I am saying something very important to you right now...

If you see that weakest of you are being hurt and treated in a cruel way, what is the main emotion it makes you feel? *Hate? Sorrow? Powerlessness? Threat? Fear?* It is likely to be one of those I mentioned. What it should be? *Love, compassion!* This is the most important thing here: love and compassion; also for those who are doing these horrible things, not only the victims.

(This is also difficult thing for me, Maiccu, to learn.)

Here is something for you to learn, and it might take a whole human life, to make it happen. Yes, it is exactly like that, it is very difficult for humans to learn. Just compare yourselves with animals, look at the animals who are saved from shelters, like many of your pets. If they have been treated wrong or they have experienced pain or injustice in their lives, before they were rescued; do they feel any hate or bitterness? No, they love the ones who saved them and they never look back. They know what has happened, and they might be sad about it, but they are full of love for all the new they have in their lives - their future filled with hope. Think about this, think how you can use the tools of you mind, which have been given to you.

Everywhere people are talking about changing your thoughts, but that is not enough. Change your feelings, and believe me, I promise things are soon starting to change!

You are so much loved!

What is the (energetic) purpose of owls on Earth?

We owls are very old souls, and I am not ashamed to say that we are wise. We work in the background, making a silent impact. We answer to those, who have the courage to ask and we show ourselves to those, who have hearts big enough to see us. Our task is to teach you to respect and love silence. Among silence, we also have a purpose to teach you to love darkness. There is just as much beauty in the darkness and there is in the light. I am now answering to the next question about beauty.

You are a very beautiful bird. What do you consider as beautiful?

I think the most beautiful thing is the cover of darkness and the silence it provides. I move during the night and I watch all the beauty that spreads around me. Everything looks different, and the shadows are smooth. Nature can speak its own talk, and you can hear everything, because the manmade noise is gone. You can see clearly in the dark, if you want to do so. Darkness is the opposite of light and it is just as important and just as full of love. Nothing happens during the night, everything that can, for example, harm nature, is paused, not in use during that time.

Have you had other lives, and where you owl also back then? Is it usually so, that you are born as a member of same species again and again?

We animals can choose for ourselves, just like you people. I have been representing many species, I have wanted to learn so much. We eagle owls, and other owls, carry the wisdom

All these negative feelings have been given to you for a purpose, so that you could learn the opposite of them.

Change your feelings, and believe me, I promise things are soon starting to change!

of many different species in us. We are not night creatures for vain. I am very happy that I have been able to be born to this precious form in this life. We do not know everything in advance, so we do not know what the next life will bring. We live in this moment; everything is possible!

Do you know what happens, when a certain species dies because of extinction? Is this species lost for good?

Unfortunately the answer to this is yes. But everything is not that simple. Look at human beings, you have changed a lot during the last centuries. When something extinct, there will always be something new to replace it. This does not mean, that it is not important to care. So many things change because of the pollution and so on. Precious species will leave Earth for good. You should see yourselves in this process, you are also involved. You are just another species among others.

You have taken the control in your own hands, and you think that you can decide everything for yourselves. Look at the progress of humans, what do you think it means? It means, that you are not going to be the same forever. There are no dinosaurs on Earth either. Yes, there was an ice age in between, and all what that involves. I know that you say that it explains everything. There are so many things that you do not know. Humans did not vanish during that time, where does the man come from, was man already there, maybe in the imagination of someone? When did humans take the control to themselves and was it ever given to them?

This is a grand school for you, this is all like a big test. Some people, who have explored these things, are quite close to the truth, but it will never be known to all of you. It is not my mission either to teach it to you, and go further than this. Maybe after this you can ponder about the extinction of species a little more or maybe just the existence of humans.

No other species has destroyed themselves, except humans, who have destroyed many species with their doings. You should use what you have been given: your reason! In the end, you are going to be responsible for your own doings. I am also not going to judge you, I only wish to give you some important thoughts to ponder.

You are afraid of your own feelings!

I have to ask this, because I love the full moon so much myself; do you like the full moon?

Like I said earlier, I love the moon, I love the soft light it gives! Moon is beautiful and I really do love it. It is one of my qualities, that I love more the moon than the sun, it is just something very basic among my species.

Do you know Bubi, the eagle owl, who lives in Helsinki? He is like a celebrity there. Do you think you could live in the city?

Bubi has a very important role. He really is a celebrity. He is fully among people and in a surprising way people have shown a lot of love for him. He will teach you a lot, for him many children have learned what the eagle owl or the owl is. Bubi is an important link in the web of consciousness. I would never like to move to the city, I love the silence here so much. Bubi is a *city bird*, and he is used to everything there. Bubi loves to be famous, he is very proud of it, and he knows what he is worth for.

Would you like to say something to the writers/readers of this newsletter?

You all, who read these words; you can do with them whatever you like. But I ask one favor from you, keep these words in your heart and think about them. All of you have an important mission, if nothing else, than just to spread your love to the places where it is needed. Every one of you can make a difference, so big, that you cannot even imagine it. We have started something very

significant here. Finally we are in the beginning! Wonderful!

Do you think that people are a little afraid of, about what the animals on this planet might think? What would you say to people, who are afraid?

No. People are not afraid of our thoughts. Most of the humans think that we do not think at all, or feel anything. Maybe somebody is afraid,

that,
what if,
what if
we
think
and feel
after all.

Most of the humans
think that we animals do
not think at all, or feel
anything.

What
impact would it make to their doings; you can imagine what kind of a people I am talking about right now. If people really believed, that we can talk, then their hearts would perhaps first be filled with fear, but even so, they would be filled with compassion even more.

The senses of animals are being tested in the most painful and weirdest ways every day. I do not want to shock you all, but this is the truth. All of you can understand, that animals are able to feel, can't you? Why does the dog enjoy when it is being caressed? Why does the dog bite or howl, when it is being kicked? Because he feels. Physical sensation is being followed by an emotional impact. Do not try to explain to yourselves, that horses do not feel a thing, when you are looking at a horse who is crying!

I am not surprised that people are afraid. But do you know what you are afraid of? You are afraid of your own feelings! You are afraid, that you could understand all the things that we feel. You do not want to be involved with all the pain of animals; this is what you are afraid of. What follows is the vicious circle of fear and sorrow. And what did I tell you in the start? Love, love and compassion!

More knowledge means more pain, but you have the power to change all this. Without one, there cannot be another. You know what sorrow is all about, but it would be better to feel joy and love. All these negative feelings have been given to you for a purpose, so that you could learn the opposite of them. Also remember, that fear generates more fear. Most of the humans think that we do not think at all, of feel anything. Those who walk in the frontline will show the truth about bravery - and after that, all is nothing but love. You have to pick up speed. The time will run out, even though time never ends.

What kind of a future would you like to see? You can always make the choice between love and hate!

Maiccu Kostainen

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Leyla's Book



Because we didn't hesitate with this newsletter, we are not going to hesitate with the book Leyla mentioned either. The eagle owl told us that the time is running out. Well, it's not, if it is up to us! We will soon start to put together this book, chapter by chapter we handle all the subjects Leyla sees as important, and write them down. (There may also be other animals talking about the most

important subjects.) We continue with this newsletter, just like we have done so far. *Leyla's Legacy*-part will show you what the book will look like.

Lea Pihlman

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Thank you for joining us again. It has been a pleasure. We started this journey especially because of you, dear reader, yes, *you*, who are reading this text now. We thought about each and every one of you, and wanted to share these stories spoken in the subtle language of heart.

The language of heart is not always easy, but the rewards are plenty, if you choose to listen – and talk – this language. May you find some evidence of that on these pages, if evidence is what you seek... But what we really hope is that you enjoy these big pearls of wisdom we have found for you.

Thank you again, Leyla. Thank you, dear eagle owl. May you have plenty of moonlight

caressing your beautiful wings as you roam in the night.

Thank you Janet. Many of Janet's T2TA Practice Friday sessions are translated to Finnish in Eläinkommunikointi-blog, and they are very useful to all those readers, who wish to practice animal communication in Finland.

Thank you Maiccu. You rock.

With these words we leave you - until we meet again. Hopefully soon, I am also waiting enthusiastically what will happen next.

The first two steps we took were huge.

Lea Pihlman

Sulky Shrew



Web Version of this issue can be found at
<http://thepowerofsilentwisdom.wordpress.com/>
both in Finnish and in English.

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See also:

Janet Roper, St. Paul, Minnesota:
<http://talk2theanimals.net/>
<http://www.janetroper.com/>

Reiki Fur Babies, California:
<http://reikifurbabies.com/>

ReikiTalk project has also a page of its own:
<http://www.reiki-talk.com/>