

The Power of Silent Wisdom

Hiljaisen Viisauden Voima 2/2010 [5]



*You get
what you
ask for.
The law of
attraction
is fair.*

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As we fall deeper into silence, we learn more about listening, heart and the law of attraction from the viewpoint of animals.

PSW 5

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Contributors:

- ✓ Maiccu Kostianen, animal communicator
- ✓ Sonja Rantila, animal communicator and spiritual counsellor from Sweden
- ✓ A deer, words from the wild
- ✓ Leyla, a horse in spirit
- ✓ Lea Pihlman, editor

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Saying *you get what you ask for* gets a new meaning when you read Leyla's Legacy about The Law of Attraction. We have much more to learn from animals than we ever thought when we started this magazine project. The deeper we fall into silence, the deeper the

lessons get, and with this I mean all the animals who contribute to this magazine via the Web of Love. We hear that even the name of this magazine was given to us with a greater purpose. This magazine is all about the silence, which is not silence at all, quite far from it! Maiccu says that what she feels at the moment is gratitude, and I feel myself quite humble and grateful too, for being able to witness this close how the web of love is slowly revealing itself to us in the form of these animals. The best part is, of course, that we can share all this with you in this e-magazine.

The law of attraction has been a hot topic in the world for few years now, but it is not a new invention really, and it is not a secret. You and your heart make a huge magnet, and that is the way it has always been and always will be. Your heart is a straight link to the web of love; it's like some sort of an energetic tool, for the animals as well as for us human beings.

The law of attraction is spookily precise. I noticed that when I was still a kid, I was never able to put it into words, and I did not really think about it consciously, I just noticed how perfectly, and fast, it worked – whatever it was. It was a mystery, but a mystery I recognized deep in my heart.

You draw things to yourself. What kind of things they are, that is solely up to you, and nobody else. That is what I call *fair*.

Lea

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Words from Maiccu

Again I sit beside the kitchen table and write. It is a silent, wonderful Sunday morning. I can hear the birds sing outside and the air is fresh after rain. So many things have happened since we published the previous issue of PSW! It is almost impossible to put it all into words and even harder it is to describe the gratitude I feel inside me, for being able to experience all these things in my life. I was reading our previous issues the other day, and I said earlier that it feels like a new page has been turned in my life. That has really happened, I am sure of it now. It is not just a feeling anymore, it is very real. As I look back in time, just a few months, it is almost impossible to believe all the things that took place, but I guess I just better believe it.

Lea and I thought that the law of attraction issue might be greatest issue so far, but that was not the case, this is just like any other issue we have made. I have learned a lot about myself and also about the law of attraction during the last few weeks and I have noticed, that everything in life is just one big law, nothing in life is bigger or better than the rest of it, all is just made of ONE. The law of attraction is a good instrument or tool to explain all things that take place. All that is is a huge big picture, one great canvas.

I have started Leyla's book with Leyla as we mentioned earlier. She has helped me to understand what this is all about. She said that we are going to write a book about the law of attraction, but then she started to talk about thinking, using absolutely amazing metaphors.

During these brief moments in time I have seen once again mental images of the great web of love and the big picture we all are an important part of. I have learned the most important thing in life: hearing the voice of my own heart and how everything is connected to that voice. Thinking, intuition, imagination... they are all crucial parts of the law of attraction in order to make it work, and yet, all these things are the same, ONE thing. When you eventually read the book we are working on, you will see, feel and understand better what I am talking about.

What it comes to my own life, I understand why I am where I am right now, and why I am not in some other place. Why I never ended up where I thought I belonged and why I am here, now, in this moment. I am happier than ever before and I believe that I can be even happier: everything is possible.

I have achieved many things, in a certain way, and I have always kept the highest good in my mind. I have pondered if some things are good for me, or if they are good for the animals, nature or other people? I have also done some things without understanding why I have done them. My whole life, at this point, is everything I have ever wanted, but there is still something I wish to leave behind. With this I mean the haste and the unnecessary burdens I still carry with me. I believe that all these things are going to be alright, in the best possible way, during the next few months and you will hear about it first. At the same time I want to inspire you, dear reader, to do the same things I do and also to help you to achieve what you want to.

I would like to tell you about all the things that have taken place recently, but you can read about them on my own website, both in Finnish and in English. So I am not going to repeat myself and if you are interested, you are welcome to take a peek at the pages of Animals Talk.

I wish to emphasize once more, that the greatest emotion at this point is gratitude, about everything; my life, both humans and four-legged friends, new ideas and absolutely

amazing new people who I have met. In addition, I am very grateful that I am able to write these words for you who read them right now and you have returned to the silent wisdom of the animals in this issue of The Power of Silent Wisdom.

So, *thank you!*

Have a great summer, filled with lots of love!

Maiccu,

May 23th, 2010

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The deer from Utah



The deer, Utah, 2010. Photo: Lon Lovett.

As I was driving home yesterday from work the message from the deer stroke me like a lightning. I had been thinking about that beautiful animal for a while now, and I knew that I needed a certain amount of time to write down the message from this deer. In this issue

of PSW we are mostly talking about the law of attraction and I think that the deer's message will fit in very well. The deer wants to talk to us humans about listening and its importance. Also I could be better in that department, even though I have grown to be a better listener during the last few years. I think that we can never be too good listeners. There is a difference between listening and hearing, and I think we get a great, love filled dose of a message again. The deer's energy is very gentle, that is the only way I can describe it. But let's get to business, once again, I remain silent and I give room to this gorgeous animal and her wisdom. Enjoy!

Maiccu on Mother's Day, May 9th, 2010.

The deer speaks:

"Dear readers, finally it is my time to deliver some words of wisdom to you all - if that is what you can call them. Maiccu wants to say that I am wise, but I would say that I just talk straight from my heart. If it sounds wise to you human beings, let it be so! Maybe you also get something to think about.

Today is a new day, just like tomorrow. You have a chance to start all over again, even your whole life, if you wish. It also means that if you were not a good listener yesterday, you can always start listening today. It is easy for you to learn to listen to each other, because you speak the same language and you understand what the other one is saying. Simply listening is a good start. There is a distance from listening to *hearing*, and it means that you do not understand what is said to you or that you do understand what you are hearing.

When you have practiced listening, listening to others speak, the road to learning to understand all the things you hear is not long. This is something that is not taught to you, this is something you all have to learn all by yourselves. The better hearer (not listener) you

become, the better things will work for you. You talk about the law of attraction. I can say to you that the better hearers you become the better you can draw to you the things that you dream about. When you hear everything what is going on around you, it also makes you more sensitive to your own senses. Learn to hear each other, then you can learn to listen to the nature and the soundless whis- pers it makes; what does it want, what does it hope? Why certain things around you happen in the way they do? Why there are nature disasters and so on. If you listen to the nature, step by step you also learn to hear what it is telling you.

The most important thing about learning to hear is to learn to be still. Read the name of your magazine once again. It was given to you with a big purpose, so that you can understand and learn what it means. In this magazine we give you a lot of material and lessons in your own language, but all of it is first silent. In order to get this knowledge to you, we need a translator between us, and then you can become conscious of it and understand it.

These are the first steps of learning to listen. Listen to the dog bark, horse neigh or bird sing. Listen to the people close to you. *Listen without saying a word.* This is the first step and it is easy. *The next step is to hear what they say to you.* You hear what the other people want to say to you, you do not have to respond, but you can think about it in your mind and try to understand what they have to say. The words of a person are just as important as any other person's words; it does not mean a thing whether you wanted to hear those words in the first place or not. This is difficult; hear also the things that you do not want to hear and be silent. How easy your life will be from here on. Listen and be silent. Listen how the wind howls and dog barks, what do they wish to tell you? This is not as easy as to listening to another person. But

easier than being silent when another person is talking, don't you think?

This is where the core of this whole thing lies and this is the most important part. Listen to the nature and listen to the animals, being silent in this place is easy. You do not understand what they tell you before you listen with *your heart!* Learn to listen with your heart, with your own intuition. When you are silent, and you do not make some weird noises all the time, loud noise or just mental noise of your thoughts, you learn to hear what all these creatures of nature have to tell you.

There is
only one voice
that matters
and that voice
is the sound of
your heart.
It is that simple.

Deer

When you keep on reading Leyla's teachings you will soon notice that there is nothing but love everywhere and that the love dwells in your hearts. Heart is not just a blood pumping organ in your chest; it is you, your soul. (We use words that you people understand a bit easier.)

You need to understand that the heart and soul is you. Intuition is between these two and it is the same thing than hearing. This is not difficult. When you learn to use your intuition you start to understand things that are not so concrete or shown to you or sounds that are not so concrete that you could actually hear them with your physical ears. By the way: Look at me and my ears, is it wonder, that my job was to talk to you about listening! (*Maiccu's note: The deer is laughing happily.*)

And when you learn to listen to your own inner voice (=intuition), you will become magnificent magnets. Imperceptibly you begin to follow the voice of your heart and all the things in your life start to work smoothly. You will notice, that you have been fighting against many things, even though they would have been solved solely by listening to your own inner voice, which was telling you all the time what actions you should take! All this has nothing to do with the rationalism or the rational mind you people have invented.

There is only one voice that matters and that voice is the sound of your heart. It is that simple. Now, as you ponder this by yourselves, you will notice that you get sensations and you become conscious of many different things. Why we animals are here on earth in the first place? We are here to teach you things; big lessons about life. You (people) thought that you are in control of everything and that you are great teachers, but what if it is actually the other way around?

If you have read the previous issues of this magazine you surely notice that we are going deeper and deeper with these lessons. The next animals are waiting for their turn to give you their own teachings. Everything has a meaning attached to it, so we do not tell you anything beforehand, and you can also not be given too much information, it is not appropriate. We animals work via the big web of love and we know what the other animals are talking about and what they wish to tell you. We use our own intuition all the time and it is the only thing guiding us. This is the most important thing and you people understand it better, if we just say: listen to the voice of your heart. This message will help you learn to listen to your own inner voice.

I love you all and I hope that good things will come to you. May all your wishes come true. Remember, that the dream must be inside your heart: all your dreams already are there. You just have to learn to listen to them. Let the love inside you come out, love every creature and person you meet on your way and hear them. Let all of them teach you something. Do not argue, just be silent and move on. Everyone you meet will tell you their own story and their own meaning. The better you learn to listen to them, the better you learn to create your own reality from your heart.

All the love of the universe surrounds you and you are so much loved and all your dreams

are at the reach of your hands or more like at the reach of your heart. Now I return to listen to the silent speak of the forest, the sound of rain and the silent messages from the universe.

Thank you for letting me to give you all my thoughts, maybe even my wisdom!

Maiccu

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Leyla's Legacy: The Law of Attraction

Leyla says in the beginning of her book, that *bravery, trust, letting go, imagination, joy and humor*, among other things, play a big part in the law of attraction. We talked about trust in the previous issue (PSW 4) and letting go was our theme in the issue 2 (2/2009). We go much deeper to all these themes in Leyla's Book.

Leyla talks about thinking and worrying as we start this journey to the world of the law of attraction from the horse's point of view. The whole book will in its own way handle the law of attraction, but it will be about the way the animals see this powerful law. This journey is in the beginning, but it seems very intriguing. Leyla also said that this magazine is like a rehearsal for

us. Maybe it was a test that was meant to show that we can co-operate also in this new project? We are only starting to see how deep

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Deer

we are in the web of love, even though we might not always understand what it means...

The landscape of this book journey will be seen through the eyes of a horse and the whole idea of the book is not money, it is love. Leyla herself says it quite bluntly: *"If the only reason you read this book is to get more money, you can just as well stop right now. This book is meant for you people, to help you to get to the point if your lives where your life is balanced and you can worry less and love more."*

But let's get to business. Here are some excerpts from the first chapter of the book, where it all begins.

Lea

Leyla speaks about the law of attraction:

You people worry way too much. Instead of worrying you could do things and move forward. Wouldn't it be great, if instead of worrying you could get all those things that you really want to into your lives?

Worrying has a big role in the law of attraction. For some strange reason worry has amazing powers. It is one of the most powerful forms of the law of attraction. Just like your thoughts are magnets, worrying is that also. Everything that you want you can have and that is the most important thing about LOA. What about the things that you do not want to? Those things you also get, but they are often much easier to get than the things what you really wish for.

You people have amazing tendency to use your precious days to worry about all those things that you do not want to. And you know

what? The universe will deliver all those things to you via express mail. If there is something I could ask from you, I would ask you to worry less. Worrying is wanting too, just as dreaming is and hoping for all the beautiful and wonderful things. Let's talk about worrying a bit more, nobody talks to you about it. Many people talk about dreaming and hoping, you are told, that think about those things that you wish to have in this life. Hardly anyone speaks to you about what you think about when you are going to bed or what you think about the minute you open your eyes in the morning. What do you think about? You do not think;. You worry and worrying hurts. You are cranky and your forehead is all wrinkled. You do not hear the birds sing or see the sun rise, you just worry. And what do you worry about? I will tell you what you worry about, you worry about money and you worry about being without love, and that's it. That's pretty much it.

That's how simple it is. It almost drops you off your chair when you understand the deepest meaning of worry. Human, you worry about not having money or not having love, and yes, in that order. I will tell you something about worry. You do not need to worry about a thing, but what I hope is, that you start to think instead. Think with big T, that you would use what you have been given; the ability to think and that way to decide about your own life. Have you noticed that for us animals, most of us, it is not possible anymore? Those animals which still live in freedom never think about the things that are to come, they always live in this moment. Animals do not make decisions; we take action according to this particular moment.

Thinking and worrying are two different things, but to you people they both mean the same. In order to live enjoyable life, at least on some level, you have to learn to see these two things as separate. Thinking and worrying are not the same thing. Instead of thinking

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Leyla

about important things you just worry about the lack of money and love and that is quite sad really.

I want to get to the bottom of this, because without the understanding about the difference of these two things you will never understand the law of attraction. In order to understand the law of attraction in the right way you need to learn to control your thoughts. The movement from thinking to worry is like a line drawn on the water. The process itself in both is the same and the way it happens in your brain is the same. The best way to learn to see the difference between these two is to learn to listen to the emotions you have in your body, both physical and mental. Good sensations tell you that you are going to the right direction, and they tell you that you are really thinking.

When it feels good, you are perky and you have the energy to live a normal daily life, sometimes even a bit mundane life. You smile and you feel light and easy about yourselves. What does it mean to feel that you are at ease? Feeling easy means that even if you have tons of unfinished business in your lives, you feel that you get it all done. You are not in a hurry. Just not being in a hurry creates a good feeling. A person without rush is a person without stress. All the illusions about stress and hurry are delusions made by humans. When you say that you are in a hurry and that you are stressed it means that you make yourselves much more important than you really are. All are equal, human beings and animals, nobody is better than the other. Also another lesson is hidden here: the animals do not stress. We get stressed only because of the stress of you, people. You people get stressed because you worry and the other way around. This is a great example of the law of attraction and how it works. You will notice what attracts this and what attracts that.

All the illusions about stress and hurry are delusions made by humans.

Leyla

A good way to start to learn to think is to slowly begin to pay attention to things outside you. You are not able to make any changes until you learn to love your surroundings and yourselves. Without love you will not learn to think, you stay in worry. Worry creates more worries and trouble. Love creates freedom, more love and that way also money that helps you to make a difference.

Stop worrying, love everybody and everything in your life, in that order and let the universal gates of abundance open for you. Here are some things that you need to keep in mind. You have seen and you see every day people who have lot of worries and their lives seem loveless, and yet they attract abundance. This is how it can also work; it has been going on for a long time, all over the world. This is something what you people think about a lot.

So now you need to ask yourselves what is the most important thing to you, is it really money? This kind of people often live their lives without love and they are bitter and they do not love themselves - or others - at all. Money has blinded them completely and by all means possible they just aim to get more of it. They often sit in front of the judge, full of worries and troubles and bitterness. They destroy natural resources or kill each other or animals ruthlessly to get more money which makes more money, which makes more money etc. You understand what my point is.

I talk a lot about love and about the fact that you need to learn to love. I talk in a different way than you have heard before and how other people have talked to you. We are both right, there is no wrong way. You people have been taught that you need to learn to love yourselves, without this you are not able to get love for yourselves from the outside, or you are also not able to give love. I teach you in my own way. My way to teach love is the same way that I use to teach you to stop worrying. I want to make things simple and give

an explanation to you, so that it is as easy as possible for you to learn and move on.

To learn to love yourselves, learn to love your surroundings. With this I do not mean other people, because that is the most difficult thing for you to do. Look at the nature around you and learn to love it. After this it is much easier to learn to love yourselves too. Earlier I asked you to think about your surroundings. You might have thought about it from various angles. Now you have thought about it, and you can also see great grievances in the nature and in the way humans treat it. How do these emotions feel like to you? Do not start to worry or feel sad. Do not let yourselves to start to blame others for destroying things. Do not stay with this image for a long time, otherwise you start to feel hate. My aim is to gently move you from one emotion to another, because if you haven't before started to love something or you have not moved towards the worry free state of mind, then you are not able to move to the state of love in a blink of an eye. The feeling that I want you to learn here is *compassion*. The journey from compassion to love is very short.

What you need to do now, in order to learn to use the law of attraction, is that you take effort to study your heart. This is just as difficult for you people than to learn to think. Thinking and listening to the voice of your heart are like passwords that open all the gates of abundance and love that you are so keen to tear open by force.

How could you learn to listen to the sound of your heart? How could you learn to think? I can teach you something about those two things and then you can move on. It is totally a different story to live as your heart and thoughts tell you to.

Leyla

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Meet Sonja Rantila, an animal communicator from Sweden



Sonja Rantila

Sonja Rantila is a Finnish-born animal communicator from Sweden. She also makes spiritual horoscopes for people and she is specialized to spirit guides. She is writing a book about the web of love that is often mentioned by the animals in our issues.

How do you see *The Web of Love*, what the animals dwell in? Are we people in the same web, but we are just not aware of it?

I can see it as a shining energy! It is energy we all have in us and it keeps all life together. It is coherent and everybody dwells in it, whether we are conscious of it, or not. It extends deep into the universe. There are big differences how we use its energy. If somebody ignores this web and all of its existence the energy field around him turns darker and less lively. This energy can be used in so many ways! It includes a lot of silent wisdom and anyone can adopt it, if they wish to do so. This energy gives you strength, if you are willing to accept it.

Do you use your animal communication skills on a daily basis, as you walk on the streets or when you meet animals in the nature?

Yes, because it is so big part of me. I am always “alert”. But if I see that my knowledge could harm the animal, I naturally say nothing.

You are specialized in working with the spirit guides. How does it happen?

In the same way than animal communication. It is all about being aware of their presence and the fact that it is possible to communicate with them. After this you can wish them welcome and they share their talent and wisdom. You should always ask for the highest possible guiding, because there are also other kinds of spirits, who enjoy playing with us humans. They tend to play with our expense. When I contact somebody else’s spirit guide, and all his knowledge is available to me, I can see many different guides. I can see also those who just fool around and are not working for the highest good and it is possible to make them leave and get more room for the best possible guide for this person in question. This way I can find the true guides for person, who were meant to help and guide him in the first place to help him in his personal growth.

Do you see spirit guides also when you communicate with animals?

Communicating with animals was the reason why I opened my eyes to spirit guides and it helped me to accept and approach my own guides. One thing lead to another. Animals also have guides of their own and I always want to make sure that I am really talking with the animal itself and not with its guide. Just like I was talking with you. You would not want me to just talk with your spirit guide and only listen to him and not you? You have a will of your own and so it is with all the animals.

You once said in your blog that you have a new spirit guide? Do you know why it happened and how did you find out?

There are many spirit guides. Some of them have “practiced” and it is easier for them to contact us humans. If we are afraid of this connection with our spirit guides, there are other guides, who are a bit closer to us. They are more grounded and they can help us to connect better. When this job is done and they have opened us and helped us rise to the next level, it is time for them to leave and give space to higher guides. Stronger guide does not mean “strength” as we people see it; it means strength in a sense that the guide is able to guide many people at the same time. My guide “Bad” said to me that it was time for him to go. He said that his job was done. And that he was ready. Bad is still by my side, but he is not meant to help me, it is Ilya’s job from now on. This is also shown to me through my feelings. For a long time I knew that it was time to let Bad go, but I did not want to do it. Then they gave me hints with the help of my feelings; I actually felt that I was stuck and eventually I had to give in. I also might have been too dependent of him. The guides are meant to help us evolve, not to guide us to certain direction in life.

Do you see animals as spirit guides/angels for humans?

No. Animals support the personal development of humans. But I know that there are animals that help us to open up, for example to ideas that animal communication really is possible and they can also help people to open up to this ability. This kind of animals do not grow in trees, but when you see an animal like this, it is quite evident to you. When you see an animal like this, it seems like it is glowing in front of you and you know that you have known him/her before. Not all animals are like this. It is just like it is with humans; not all of them are here on earth just to help others, and that is the way it is with animals also. Animals do have their own spirit guides and they can be same than the guides

their human has. Animals have opened the way to spirit guides to many humans.



member of the family and he can live with us here in perfect peace. The cat got a bit upset and said: 'All right then, but you are an idiot, because you keep a mouse as a pet!'

Many animal communicators seem to think, that it is not easy to communicate with your own pet, or that it is even impossible. How do you see this? (You communicate fluently with your own pets, just like Maiccu.)

It all depends how you believe it to be. If you believe that communicating with your own animals is impossible, so it is impossible. It is always up to your own thoughts. I do not own anybody. Not my kids, not my husband and surely not my animals. I say that they are mine out of their free will and if a better owner appears, they are free to leave... I do not put things in strict order, to be a better owner. I take care of the animals, which live with me, but they are free souls. To me they can say whatever they wish to say, and I do not get upset or get angry or feel guilty about it. I can just as well feel bad about something, something what I do or have done, just like they can sometimes do. But they have all the right to tell that to me, so that I could change my own behaviour. If I were not willing to change the way I do things with them, our mutual communication would become impossible.

When was the last time you were surprised about the things the animals said to you?

This is something I have experienced quite often... Maybe the last time was a cat, who lives in this house, who I have argued with about the fact that the guinea pig is also a

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So, how did we find the deer? The law of attraction helped us also to put this issue together. I asked for some pictures of animals from Lon earlier this year. He said that he did not have any at the moment. Yet he sent me a picture of a deer to my inbox soon. When he was in Utah, the deer just came to him and looked straight into his camera. When I told about the picture to Maiccu she said that *she has wanted to talk with a deer for a long time!* So the intention and the thought had already been made and the deer from Utah wanted to answer this call. We were told in the first issue of PSW (by a cat) that the animals we interview will find their way to us easily, and so it seems to be. We can't deny that. All is in perfect order. So we are not going to worry about that anymore... In the next issue we probably talk about *fear* and we interview a snake!

Lea



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